

Crystal Dragonfly's Recipe for

# M o t i v a t i o n



Apatite

I n s p i r a t i o n

- ✓ Focus
- ✓ Will Power
- ✓ Motivation



Carnelian

M o t i v a t i o n

- ✓ Motivation
- ✓ Increase Clarity
- ✓ Stimulate Drive



Sodalite

C h a n g e

- ✓ Positivity
- ✓ Change
- ✓ Wisdom



Hematite

F o c u s

- ✓ Focus
- ✓ Calming
- ✓ Grounding
- ✓ Motivation



Clear Quartz

A m p l i f i c a t i o n

- ✓ Power
- ✓ Amplification
- ✓ Positivity



Red Jasper

E n e r g y

- ✓ Energy
- ✓ Positivity
- ✓ Insight
- ✓ Organization

