# • Ways to Connect with your Crystals

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Connecting with your crystals is important to realize the magnificent energies they can bring you. Here are a few ways you can connect with them



WISDOM

SERIES



## Place them in a pouch

Pouches are a great way to keep your crystals with you anywhere you go.



### Create a grid

A crystal grid creates a powerful union of energies between your crystals. You don't need anything special outside of your chosen crystals, but sometimes it helps to have a geometric base as a placement guide.



#### Place them in a "wish" bowl

Place your crystals in a bowl with a written "wish" below it. A great tool for manifesting a strong desire to achieve a desired outcome.



# **Place them** around a candle

Putting your crystals in a circle around a white or other special candle is another powerful manifestation tool.



### Put them in your pillowcase

Your crystals can positively affect your sleep and will deepen your connection with them.



### **Clear your mind**

Hold your crystals several times a day and clear your mind while holding them.

